

Call us or contact us through whatsapp to inquire. If you would like to purchase any of our packages please contact reception and they will send you the payment link and activate your package before you can book classes

OUR NUMBER IS + 971- 52-259-4642

TRIAL Class Reformer	70 AED
TRIAL Class Tower/Chair	100 AED
TRIAL Class Yoga/Barre/Mat	60 AED

*Trial Valid for one week and not applicable for advanced classes, workshops, and events. Trials cannot be re-scheduled*

ONE TIME Beginners Pilates Package	Duration	Validity
1 Posture Assessment	20 minutes	2 months
Introduction to Pilates	45 minutes	
10 Beginners Group Classes		
<b>Cost : 2,000 AED</b>		

Group Mix It Up Package	Cost	Validity
1 Reformer Class	200 AED	2 Weeks
Package of 6 Classes	1,050 AED	1 month
Package of 10 Classes	1,450 AED	2 months
Package of 20 Classes	2,100 AED	4 months

*Includes all Pilates reformer on schedule, includes all Yoga, Barre, and Pilates Mat. Does not include Tower, Chair, workshops, and events*

Group Mat, Yoga, Barre Classes Packages	Cost	Validity
1 Mat Class	130 AED	2 Weeks
Package of 6 Classes	660 AED	1 month
Package of 10 Classes	1,000 AED	2 months
Package of 20 Classes	1,600 AED	4 months

*Includes Yoga, Barre, and Pilates Mat. Does not include pilates reformer, tower, chair, workshops, and events*

Teenormer Package	Cost	Validity
10 Teenormer Classes	1200 AED	3 months

*Ages 12-16 can ONLY access teenormer classes*

Semi-Private	Cost	Validity
1 Semi Private	250 AED	2 Weeks
Package of 6 Classes	1,350 AED	1 month
Package of 10 Classes	2,000 AED	2 months
Package of 20 Classes	3,000 AED	4 months

*Capacity of 4 people max in class. Includes Pilates Reformer, Tower, and Chair*

Privates	Cost	Validity
1 Posture Assessment	300 AED	2 weeks
1 Private Pilates Reformer /Tower/Chair Session	450 AED	2 weeks
Private Pilates - 5 classes	2,200 AED	1 month
Private Pilates - 10 classes	3,700 AED	2 months
Private Pilates - 20 classes	6,400 AED	4 months
1 Private Assisted Stretch	350 AED	2 weeks
5 Private Assisted Stretch	1,500 AED	1 month
1 Private Yoga Session	300 AED	2 weeks
10 Private Yoga Sessions	2,500 AED	2 months

<b>Monthly Studio Classes</b>	<b>Cost</b>	<b>Validity</b>
Monthly Weekday Pass ( 6 am - 1 pm) up to 25 classes	1,200 AED	1 month
1 month Pass (Up to 30 classes)	2,000 AED	1 month
2 months Pass (Up to 60 Classes)	2,700 AED	2 months
3 months Pass - Up to 90 Classes	3,500 AED	3 months
6 months Pass - Up to 180 Classes	6,000 AED	6 months
12 months Pass - Up to 365 Classes	11,000 AED	12 months

*Does not include semi-private, workshops and special events*

- 1- Please always check discounts for Lantana residents, Mediclinic employee discount, DSP employees, Fazaad Card holders, and Emirates Platinum card holders
- 2- All payments are paid upfront and non-refundable
- 3- Freezing options are limited so please check with reception the freezing policy for your preferred package
- 4- Check Instructor Availability before purchasing private sessions